



Source: Lima 2019

## PARA TAEKWONDO

Competitions will be held Kyorugi discipline: Kicks to the opponent's trunk in the signaled areas.

### TYPES OF IMPAIRMENT

Physical

### SPORT CLASSES

In Lima 2019, athletes with physical impairment in upper limbs will compete in Para taekwondo. Competitions will be held in the K-44 category both for men and women. In addition, categories will be divided by bodyweight.

### SCORING

Points are awarded for power and direct or spinning kicks to the trunk protection area. Kicks to the head are not allowed. Bouts last three rounds of two minutes each with one minute rest periods.

