



PARA SWIMMING

This Para sport includes four different swimming styles: freestyle, butterfly, backstroke and breaststroke. The four styles are combined in the medley event, individual medley. Lower classes combine three styles, with the exception of the butterfly style.

TYPES OF IMPAIRMENT

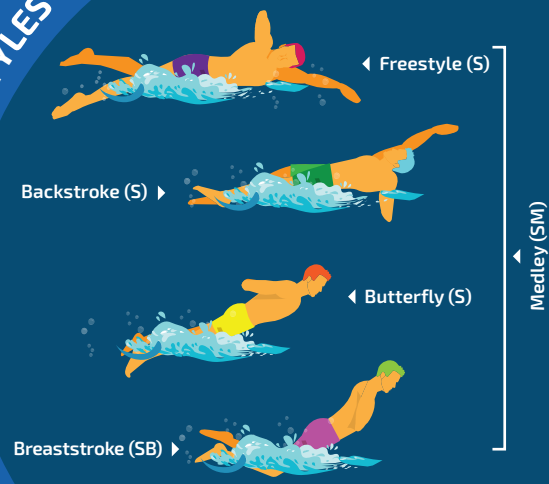
Physical, visual and intellectual.

SPORT CLASSES

THEY ARE DIVIDED INTO 14 DIFFERENT CLASSES ACCORDING TO THE LEVEL OF IMPAIRMENT OR THE NATURE OF THE IMPAIRMENT:

- A) Physical impairment: (1 - 10) Lower numbers indicate a more severe activity limitation than higher numbers.
- B) Vision impairment:
 - 11: Blind person.
 - 12: They have a visual field under 5 degree radius
 - 13: They have mild visual impairment, with a visual field under 20 degree radius.
- C) Intellectual impairment: (14) Athletes with pattern recognition, sequencing and problems, or having a slower reaction time.

COMPETITION STYLES



The sport class is made of the competition style and the number

E.g. S6

RULES



- 1 Visually impaired S/SB 11 swimmers, use dark lenses to level their condition. Assistants allow them to know where the end of the lane is with tappers. For S/SB 12 and 13, this is optional.
- 2 Prostheses or support devices are not allowed during races.