



PARA CYCLING

It was originally conceived as a sport for blind athletes using tandem bicycles. Technological progress have given this sport a wider range and athletes with physical impairment can now compete too. This sport is divided into two disciplines:

- Road** --> in a circuit inside the city
- Track** --> in the velodrome

TYPES OF IMPAIRMENT

Physical and visual.

SPORT CLASSES

Sport classes are named with a letter and a number. The letter corresponds to the vehicle used: C for bicycle, T for tricycle and H for handcycle. Numbers go from lower to highest according to functionality.

- 1 Bicycle C1 – C5**
 Lower limbs impairment (road and track)
 C1 y C2: Atletas con alteraciones severas de movilidad
 C3, C4 y C5: Athletes with any limb impairment, such as amputations.
- 2 Tricycle T1 and T2**
 Coordination impairment (road)
 T1 and T2: Cyclists with hemiplegia, paraplegia or third or second degree quadriplegia.
- 3 Tandem**
 Visual impairment. The athlete in the front is an able-bodied pilot (road and track)
- 4 Handcycle H1 - H5**
 Spinal cord injuries and amputations (road)
 H1 and H2: Quadriplegic persons.
 H3 and H4: Paraplegic and hemiplegic persons
 H5: Athletes with reduced mobility in their legs.

