



Source: Thomas Lovelock for OIS/IOC



FOOTBALL 7-A-SIDE

It is an adaptation of conventional football. Each team is made up of seven players. As a main rule, there must be at least one player with FT1 sports class and a maximum of one player with FT3 sports class.

TYPE OF IMPAIRMENT

Physical, specifically for people with cerebral palsy.

SPORTS CLASSES

- FT1** Bilateral spasticity affecting both legs
- FT2** Athetosis and ataxia altering coordination
- FT3** Unilateral spasticity affecting the lower limb

GAME SPECIFICATIONS



- 1** There is no "offside" rule.
- 2** If a team has less than four players, the match is suspended.
- 3** Each match is played up to 10 goals.
- 4** Throw-ins can be done with only one hand by rolling the ball horizontally, but it must bounce at least once per meter.
- 5** Matches consist of two thirty-minute halves, with a fifteen-minute half-time break.

FIELD SPECIFICATIONS

